



DATE	July 7, 2019
SPEAKER	David Smith
TITLE	Drowning Unworthiness
SERIES	On the outside, you're crushing it – at work, at the gym, at the bank. But on the inside, you're collapsing – shame, doubt and loneliness weigh you down. It's okay to not be okay. Because when we bring our struggles out of the shadows into the light, God can help us heal.

Pastor David reminded us that God's love has never been based on personal performance. Read Galatians 2:20. Discuss unworthy versus worthless in light of what God has done for us.

What are some things that prevent you from being/feeling worthy? Is it a contradiction for a Christian to feel unworthy and valuable at the same time?

Unworthiness will visit time to time. What are some scripture passages we can rely on when thoughts of unworthiness and worthlessness want to move in?

(Proverbs 23:7)

The servant in Luke 7 was "worthy" of healing because he brought value to the community. The "trap" of performance-based thinking permeates all levels of our culture. Discuss some highly publicized "performance based" current national events and how big an impact those have had on so many people. (i.e. Hollywood/College admittance scandal.) How does this compare to what Ephesians 2:10 says?

How does performance-based thinking affect our relationship with God, with others?

Why did the centurion not feel worthy to have Jesus under his roof? Refer to Ephesians 4:1; Philippians 1:27; Colossians 1:10; 1 Thessalonians 2:12; 2 Thessalonians 1:5

In Luke 7:7 the centurion told Jesus to "... say the word, and my servant shall be healed." Our worth comes from the One of infinite worth. Read Ephesians 4:1; Philippians 1:27; Colossians 1:10; 1 Thessalonians 2:12 and 2 Thessalonians 1:5

Discuss "self-conviction" and conviction brought by the Holy Spirit. Acts 26:20; Matthew 3:8; Luke 3:8

God deposits the Holy Spirit in the life of every Christian. What do we need to do to keep "tuned" into His desire for our lives? 2 Corinthians 5:21; Ephesians 2:10; Galatians 2:20