



DATE June 23, 2019

SPEAKER David Smith

TITLE Unsettling Doubt

SERIES On the outside, you're crushing it – at work, at the gym, at the bank. But on the inside, you're collapsing – shame, doubt and loneliness weigh you down. It's okay to not be okay. Because when we bring our struggles out of the shadows into the light, God can help us heal.

1. If you have doubted, take heart! You are not alone. Some pretty famous Bible heroes are right there with you...from Abraham and Sarah, to Gideon and Thomas. Whatever our age, gender, or culture, we will experience questions and uncertainties in life. After we acknowledge our doubts, how can we grow in a deeper faith? Likewise, how can we help encourage our friends, family, or coworkers that share their doubts?
2. What was your perception of “doubts” before today’s message? Can doubts or the questioning of your beliefs be healthy or even helpful? How so?
3. Sometimes your doubt may be enhanced by your desire to have the answer now. How do you become more patient as you wait for your answer?
4. Pastor David encouraged dads to bring their children to Jesus, as the father in the text did. How can you be intentional about engaging your children in spiritual conversations or action this week? For those without kids at home, how can you do the same for those within your sphere of influence?
5. Have you ever given your burdens to God, only to turn around and handle them in your own way specifically because of your doubts? After hearing this week’s message, what would you do differently?
6. If “presence equals power,” what time will you commit to being in God’s presence this week? Where are you hoping to see His power at work in your specific situation?
7. Like the Israelites, we experience mountaintop moments, only to forget them shortly after when fear and doubts creep in. What can you do right now to remind yourself of a mountaintop experience you have had the next time you are in the valley and facing doubts of what God can do in your life?

Dear God, help us overcome our unbelief! We trust you alone for victory in this specific area. We know that presence with You equals power in our lives. Show us where we can make time to be in your presence this week. The enemy of our soul will not be victorious. In your name, we thank you for victory over doubt and uncertainty. Amen!