



DATE	April 3, 2016
SPEAKER	David Smith
TITLE	Purpose
SERIES	What keeps you up at night? Perhaps it's the finances, family matters, someone's health, a feeling of betrayal or a regret that haunts you. Or maybe it's a lack of purpose or direction for the future. It feels like you're facing it all alone until you realize, you are never alone! God is near, and He promises peace and rest.

1. Do you have a special strategy or bedtime ritual to get to sleep? What helps you sleep?
2. The world provides different techniques to achieve sleep, such as special lighting, blackout blinds, soothing music, aromas, etc. Have you tried any of these techniques and have they helped or not?
3. Do you think we will be sleeping or napping in Heaven? What would a "heavenly" bed be like for you?
4. What do you discover about what you should fear in the following verses?
Deuteronomy 6:13; Joshua 24:14; 1 Samuel 12:14; Psalm 33:18; Psalm 34:9
5. Conversely what do you discover about what *not* to fear in the following verses? Psalm 3:6; Psalm 23:4; Psalm 27:1; Psalm 27:3; Psalm 46:1-2; Proverbs 3:25-26; Isaiah 41:10; Isaiah 43:1; 1 John 4:18
6. Compare and contrast what we are to fear and what we are *not* to fear. How do these work together with what we see in scripture about rest?
7. What have we learned about competitively seeking possessions, pleasure or academic prestige and how does it affect our ability to achieve rest. Ecclesiastes 4:4-6?
8. Read Hebrews 4:1-2, Isaiah 30:15, and Matthew 11:28-29. What do we learn about "believer's rest" from these verses?
9. Read Hebrews 3:7-14. What fears keep you up at night? What steps are you taking to battle against an evil, unbelieving heart (vs. 12 ESV)? On a scale of 1-10, what is your confidence in the Lord and why that particular number? (Vs. 14 ESV)
10. Pastor David said your purpose is found in knowing God, pleasing God, loving others, become like Jesus, serving others, and giving hope. Read Philippians 1:18-21. Paul says in verse 21, "For me to live is Christ..." What influences have you allowed in your life that preempt God's grace to flow because your highest satisfaction is not found in Him?
11. What are some blessings the Lord has given you in the past year because you walked by faith believing in your godly purpose.